



The Hellhole Canyon Gazette

Butterflies are Free... at the Friends' General Meeting Saturday, Sept 26

Butterfly Laughter

by Katherine Mansfield

In the middle of our porridge plates
 There was a blue butterfly painted
 And each morning we tried who should reach the
 butterfly first.
 Then the Grandmother said: "Do not eat the poor
 butterfly."
 That made us laugh.
 Always she said it and always it started us laughing.
 It seemed such a sweet little joke.
 I was certain that one fine morning
 The butterfly would fly out of our plates,
 Laughing the teeniest laugh in the world,
 And perch on the Grandmother's lap.

Please join the Friends at our General Meeting on Saturday, September 26th, at 10am at the Valley Center County Library. Our program will be given by Leana Bulay a researcher and butterfly specialist with the Monarch Program. The Monarch Program, established in 1990 in Encinitas, was developed to foster a growing public interest in butterflies.



Monarch (Danaus Plexippus)

As a research and education organization it uses the monarch butterfly as a model to understand more about our environment. For almost twenty years, the Monarch Program has been working to raise

See BUTTERFLY, (Continued on page 3)

Volunteer Ranger Patrol offers fun and service

Being able to combine a much loved recreation with service to the community is a best of both worlds opportunity. Such is the case of riding or hiking the miles of trails in county parks and preserves, while being a member of the Volunteer Patrol.

(See "Patrol" Continued on page 2)



Hellhole Canyon Volunteer Patrol and Friends Board member Sharon Murphy

Welcome New and Renewing Members!

Our membership campaign is under way and we would like to thank all of our returning and new members. If you have not renewed your membership yet, remember that you can do so online at www.HellholeCanyon.org. We greatly appreciate your support. Julie

- | | |
|-----------------------------|--|
| Helen Simmons | John and Elizabeth Cavanaugh |
| Stanley and Candace Mathes | Walter and Sara Pinter |
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Friends of Hellhole Canyon
 Open Space Preserve
 PO Box 221
 Valley Center, CA 92082
 Website: www.hellholecanyon.org
 760 749-5320

The Hellhole Canyon gazette is published quarterly, in Valley Center, CA.

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Board of Directors Meetings

are held monthly, on second Fridays. Call 760 751-1443 for location and info.

Bookkeeping provided pro bono by Roxanne Greene, Business Services

The Friends is a nonprofit land trust and environmental education. We are dedicated to protecting natural open space at the Preserve and in our community.

County of San Diego Parks Staff Ranger assigned to Hellhole Canyon:
Dave Holt, Supervising Ranger
Nick Sloan, Ranger
Offices at Wilderness Gardens Preserve
 Phone (760)742-1631
 Cell (760) 212-5549
 14209 Highway 76
 Pala, Ca 92059



Friends Meetings

The Friends hold public general meetings once per quarter. The meetings feature an educational program on some natural or environmental topic and committee and officer updates.

The Friends' July 2009-June 2010 is posted on the website, www.hellholecanyon.org. For up-to-date info on events and activities check www.HellholeCanyon.org.

Docent Led Hikes

Hikes are led monthly on every 3rd Saturday, 9am from the Preserve parking lot. For information call us at 760-749-5320 or visit our web-site at www.hellholecanyon.org

For a great and safe hike, we suggest you bring the following: lots of water, hat, sunglasses and sunscreen, long-sleeved shirt and pants, sturdy hiking shoes, snack foods, binoculars, camera, tails guide books. Please note that the Preserve can get warm and then hot quickly compared to the earlier morning start times. Be Safe and

("Patrol" Continued from page 1)

Several of the members of the Friends of Hellhole Canyon Open Space Preserve have signed on to help the county rangers check the Hellhole Canyon Preserve for illegal activity and to alert crews to dangerous trail situations.

According to Debi McSwain, a Friends board member, the opportunity to ride many county trails is "super challenging because a lot of the locations are unfamiliar to us." But, because the job combines helping the community and riding horses she says she enjoys it.

The duties of a volunteer ranger are to ride the county trails and file a report at least once a month.

McSwain and fellow volunteer and board member Sharon Murphy are pleased that when they reported hazards on the trails in Hellhole Canyon the county promptly fixed them. Murphy added that the application process, takes some persistence, but that it is worth it to help preserve open space for people. More volunteer rangers are needed at County open space preserve.



Debi McSwain, on Patrol at Hellhole Canyon Open Space Preserve

Cheryl Wegner, County Parks Volunteer Coordinator is in charge of the application process. She can be reached at cheryl.wegner@sdcounty.ca.gov or at (858) 966-1336. Wegner says, "The patrols are extra eyes and ears for the ranger, as well as ambassadors for the Preserve."

(Continued from page 1)

awareness and appreciation among the public of the many aspects of butterfly ecology.

Leana is the assistant director and interpretive specialist of the Monarch Program. She works on butterfly habitat restoration for US Marine Corp. Her work includes data collection analysis, tagging and monitoring of the monarch butterfly in southern California and Mexico.

A few Interesting Butterfly Facts:

- Monarch butterflies journey from the Great Lakes to the Gulf of Mexico, a distance of about 2,000 miles, and return to north again in the spring.
- Butterflies cannot fly if their body temperature is less than 86 degrees.
- Representations of butterflies are seen in Egyptian frescoes at Thebes, which are 3,500 years old.
- There are about 24,000 species of butterflies. The moths are even more numerous: about 140,000 species of them were counted all over the world.
- Many butterflies can taste with their feet to find out whether the leaf they sit on is good to lay eggs on to be their caterpillars' food or not.
- Most insects are beneficial to people because they eat other insects, pollinate crops, are food for other animals, make products we use (like honey and silk) or have medical uses.
- Butterflies and insects have their skeletons on the outside of their bodies, called the exoskeleton. This protects the insect and keeps water inside their bodies so they don't dry out.



Notes from your Hellhole Web Master..

Look for a Cars4Causes link to appear on our web site shortly. Soon Hellhole Canyon friends and supporters will be able to donate their Cars, RVs or Boats to Cars4Causes and 70 percent of the proceeds generated will go towards the Friends of Hellhole Canyon Acquisition Fund. Don't forget: Friends of Hellhole now has a Facebook page (<http://www.facebook.com/group.php?gid=48963116940&ref=mf>), and a blog (<http://hellholecanyon.blogspot.com/>). We welcome bloggers.

Debi McSwain

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Friends Annual Meeting Saturday 10am, 9/26, at
VC County Library! Don't miss our program
with specialists from the Monarch Program!
More inside!



Don't Miss the Friends General Meeting coming
this Saturday, 10am, at the VC County Library.
Come hear a talk by specialists with the Monarch
Project about butterflies and butterfly ecology. All
are welcome, coffee and treats served!



The Friends have new Hellhole Canyon T-shirts for Sale! De-
signed by artist and board member Debi McSwain they fea-
ture a stylized version of the Friends logo on
front. For the first time our t-shirts come in
women's and men's sizes and cuts. Made of
soft organic cotton in 5 earth tone shades we
know you can't be without yours! Friends T-
shirts will be on sale at our General Meeting!
Come get your Hellhole T-shirt and get
stylin!

